ANNUAL REPORT



Muslim Social Services Waterloo Region Serving the community since 2007





A Message From

Board Chair Khalid Khokhar

Executive Director







Assalamu Alaikum, Dear Friends, Partners, and Supporters,

As we reflect on another transformative year at Muslim Social Services Waterloo Region (MSSWR), we are filled with deep gratitude and a renewed sense of purpose. Our growing and diverse community continues to make a positive impact in our region and with that growth comes a greater need for culturally safe, spiritually sensitive, and community-rooted services. At MSSWR, we remain steadfast in our commitment to meeting these needs with compassion, equity, and excellence. Whether through mental health counselling, newcomer supports, youth engagement, or employment services, we have strived to ensure that our community not only feels supported but also empowered. Thanks to our dedicated staff, volunteers, partners, and the unwavering support of our funders, we are proud to highlight several key accomplishments.

Over the past year, we expanded our mental health and community wellness efforts in meaningful ways. By joining the Counselling Collaborative of Waterloo Region, we strengthened our advocacy for equitable mental health access. We provided free or low-cost counselling to over 200 individuals, with specialized support for women, children, and men impacted by gender-based violence and other challenges. Youth and children were engaged through leadership programs, peer mentorship, and a summer camp that promoted growth and connection. Our gardening and wellness initiatives supported intergenerational well-being, while our food security programs reached hundreds of families during Ramadan and beyond.

A core part of our mission is providing a safe space for survivors of violence especially those from racialized, immigrant, and refugee backgrounds who often face language, cultural, and systemic barriers. Through trauma-informed, confidential counselling and group support in multiple languages, we are helping survivors heal and rebuild their lives. This work is essential, and with your continued support, we can expand our reach to even more individuals in need. At the same time, our waitlist for youth and child counselling continues to grow. Too many young people in crisis are left waiting for essential mental health support. We urgently need your help to expand our team of qualified counsellors and ensure that no child is left behind.

We are deeply thankful for the support we've received, whether financial, inkind, or through partnership and collaboration. Your belief in our mission empowers us to respond to real needs with integrity and care. As we look toward the future, our vision remains clear: to build a stronger, more inclusive community where everyone has the opportunity to grow, thrive, and belong.

With heartfelt gratitude,

Khalid Khokhar Board Chair Duaa Al-Aghar Executive Director



Mission, Vision & Values

MISSION

MSSWR is a charitable organization that provides culturally and spiritually sensitive humanitarian and social services to the Muslim and non-Muslim communities of the Waterloo Region. Our mission is to build community capacity through education, empowerment, advocacy, and collaboration, along with providing mental health supports and services that are grounded in spirituality and values of the Islamic faith.

VISION

We envision a healthy, thriving and inclusive region where all people can live with dignity and respect.

VALUES

Diversity, Equity and Inclusion - Supporting the diversity within our community so that all people are given equal opportunities and treatment, are included and supported, and are engaged in a fair and equitable manner.

Respect and Compassion - Accepting each person as they are, being nonjudgmental in our work with them, and acting with sincerity, generosity, kindness, and compassion in meeting the needs of all people we support.

Social Justice - Creating a society that encourages and celebrates the value of each person as an integral and equal member of our community.

Confidentiality - Holding the highest regard for the trust and privacy of each client and ensuring the application of the highest professional and ethical standards in all our work.

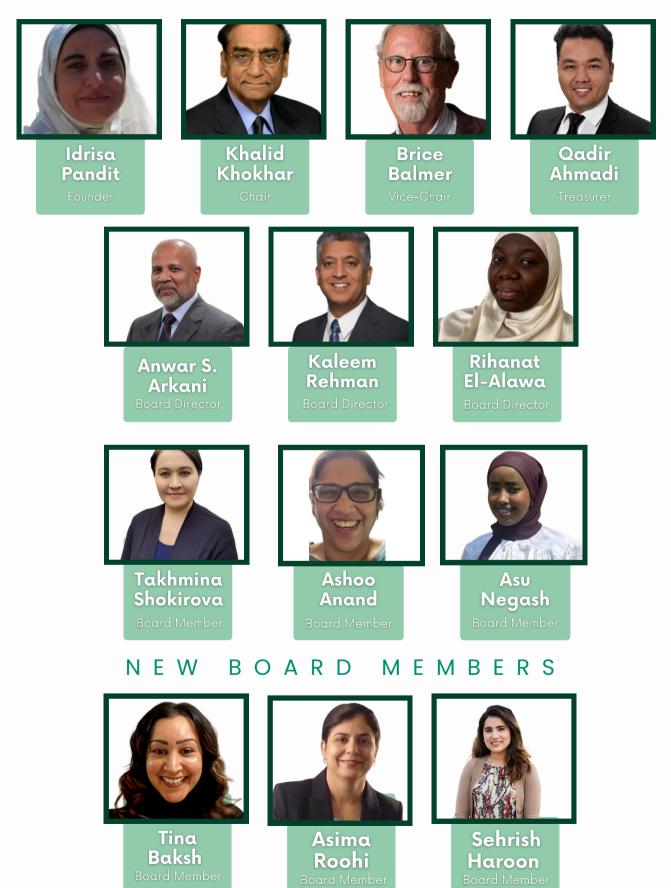
Collaboration - Cultivating outstanding relationships with the people of the community, our clients, partners, and others, that are reciprocal in nature and are rooted in equity, compassion, and respect.

Celebration - Always celebrating the importance of building capacity within our families, partners, donors, and the entire community.

Accountability - Being accountable for the decisions we make, how we use the resources provided to us, and acting with integrity in all that we do.



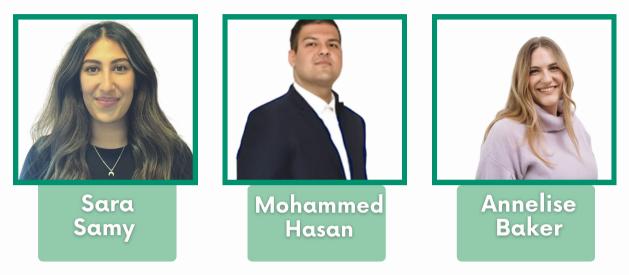
Our Board Members





Our New Staff Members

NEW COUNSELLORS



In response to the growing needs of the community, MSSWR proudly welcomed three new counsellors this year to our growing counselling team to better support our community. For the first time in MSSWR history, we also welcomed three full-time staff members who are dedicated to supporting our programs and expanding services.

NEW FULL-TIME STAFF



Liz Cooper



Mohammed Rafique



Yasmin Ali



Strategic Progress

Since launching our 2024–2028 Strategic Plan, the MSSWR team has been deeply committed to turning our shared vision into action. Over the past year, we've made meaningful strides toward our strategic priorities—laying strong foundations, fostering new partnerships, and driving change. The highlights below showcase key achievements from 2024–2025 that reflect our dedication, resilience, and collective impact.

Organizational Progress:

- Hired 3 full-time staff and 1 full-time counsellor
- Recruited 3 new board members
- Developed new annual operational plan
- Updated Staff and Board Handbooks
- Launched the new MSSWR website

Enhance Organizational Capabilities

Financial Progress:

- Received major funding from:
 - Region of Waterloo Public Health (Building Safer Communities Fund)
 - Upstream Fund
 - United Way WRC Fund
 - Lyle S. Hallman Foundation
 - Astley Family Foundation

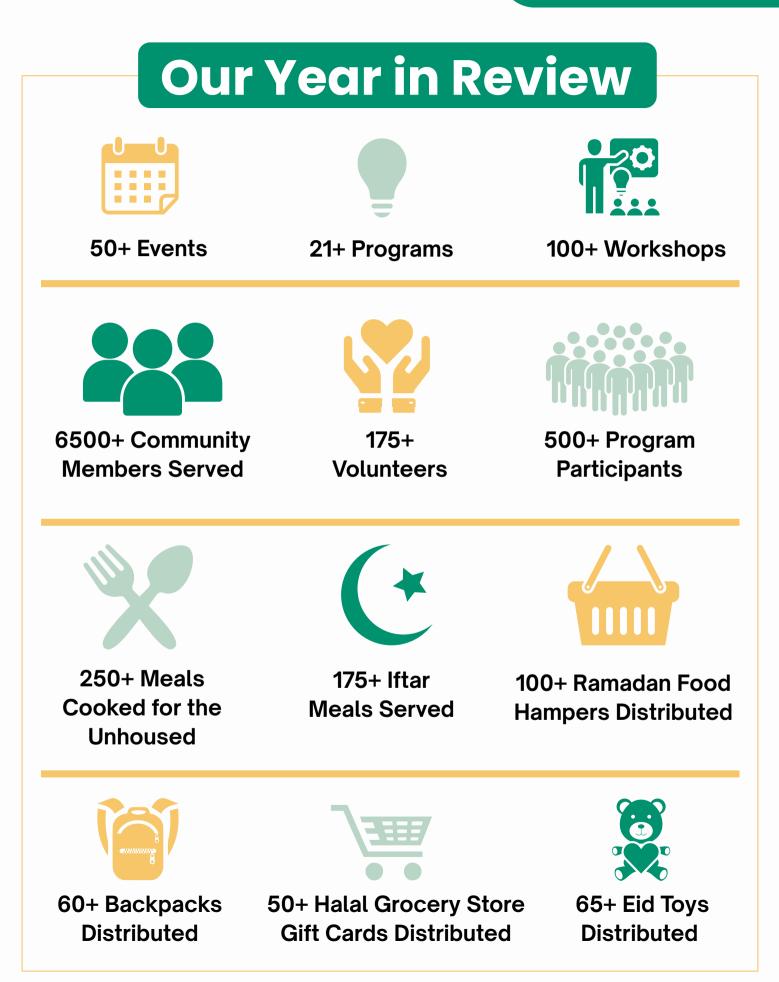
Bolster Community & Partner Relations

Bolster Community & Partner Relations

- Joined the Counselling Collaborative of Waterloo Region
- Formed 11 new partnerships in 2024
- Strengthened collaborations with local Islamic centers and mosques
- Nominated for United Way Waterloo Region Communities Spirit Award – Community Impact Award

Achieve Program & Service Excellence

- Delivered over 21 impactful programs
- Grew counselling team to six professionals to meet rising demand
- Improved program accessibility through:
 - Culturally responsive care
 - Improved program registration systems
 - Increased community-based service locations



Highlights of 2024

Community Engagement & Partnerships

MSSWR hosted its first annual award ceremony, the **Empower & Elevate Gala,** to celebrate community builders with over 175 attendees and guest speaker Amira Alghawaby. MSSWR hosted its first ever **job fair** in collaboration with Starling Employment Services, with over 13 employers and 300 attendees. In collaboration with Islamic Relief Canada, MSSWR volunteers came together to prepare and distribute over 250 freshly made **meals to unhoused individuals** at Ray of Hope.



Noteworthy Events & Achievements

Our Mindful Gardening Program collaborated with Wisahkotewinowak and Crow Shield Lodge to build a greenhouse in honour of **Islamic History Month**, creating space for growth, learning, and cultural connection for over 55 attendees.



Over 85 community members joined MSSWR for a **wonderful trip to Niagara Falls**, strengthening connections and creating lasting memories. Over 65 campers gathered for our **Summer Camp Graduation**, celebrating the end of a successful season with the distribution of backpacks to support their learning.



Workshops & Programs

MSSWR hosted the **On the Table event** - Building Community Connections over Food, with 50 members across the Waterloo Region coming together make new connections and build relationships. The Mindful Gardening program hosted a **Community Garden BBQ** which brought together 75 community members to celebrate growth, connection, and the harvest season. MSSWR collaborated with Desaree Rosskop to create a memorable **art workshop** experience through our Healing Through Art Program, where her guidance brought out the creativity of over 40 participants.



Community Empowerment

The Al-Nour Project recognized the strength of over 40 young women, ages 14 to 25, with a **graduation** celebrating their empowerment and readiness to make an impact in their communities.

MSSWR and Islamic Relief came together with 24 volunteers to assemble **100 food hampers** to support the community for the month of Ramadan. Neighbours Helping Neighbours participants came together for a **potluck to celebrate** and honour the month of black history month.





COUNSELLING SERVICES

At Muslim Social Services, we provide culturally sensitive, client-centered therapy that empowers individuals on their journey toward healing and personal growth. Our approach is grounded in compassion, professionalism, and respect for each person's unique background and experiences.



200+ Counselling Clients



Offered in multiple languages: English, Urdu, Arabic, Hindi, Punjabi, and Pashto



7500+ Hours of Counselling Services



1000+ Hours of Free Counselling Services



We follow a signature 5-Star Approach to Care:



Compassionate Care A safe, supportive space

where clients feel truly heard.



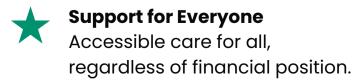
Empowerment and Resilience Building strength, confidence, and tools for life's challenges.



Cultural and Faith Sensitivity Respecting and integrating each client's values and identity.



Community Connection Linking clients to meaningful relationships and supports.





Counselling

Collaborative

Transforming Lives Through Culturally and Spiritually Sensitive Counselling

Counselling Success Story From Client

I initially was hesitant to come and talk about my mental health concerns as this was not something I have heard of or thought of in my life. A lot of what was happening in my life was concerning and hard to talk about with people around me due to the stigma around mental health and the worry around my story staying confidential. When I approached counselling at MSSWR, I was met with a safe space where I was able to talk about my concerns, receive advice and resources and feel that my information is secured and safe with the counsellor. I am beyond grateful for the experience and I am in a better place now than when I started less than a year ago.

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Proud to have joined CCWR

In 2025, MSSWR joined the Counselling Collaborative Waterloo Region, expanding our reach and strengthening our services. This partnership allows us to better support diverse communities with culturally informed mental health care and ensures that the voices of newcomers, refugees, and the Muslim community are represented in regional mental health initiatives.

Quotes from Our Partners

We have been able to expand our counselling program to include therapists from MSSWR to serve those who are looking for a walk-in or ongoing counselling in Muslim faith or in Arabic Language. - Lisa Akey, Director of Programs and Services at Camino Wellbeing + Mental Health.

Locations for MSSWR Counselling

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MSSWR Office - 65 Hanson Avenue, Kitchener Camino - locations on Queen St. & Charles St., Kitchener Porchlight - Kinbridge Elgin Mosque, Cambridge Food Bank Waterloo Region - Cambridge Location We have an incredibly authentic partnership with MSS with Duaa and the team. - Tracy Elop, CEO of Camino Wellbeing + Mental Health.



MSSWR PROGRAMS

Designed to empower, connect, uplift, & improve mental wellbeing.

- * Our programs are crafted to improve overall wellbeing, foster social inclusion, and equip individuals with tools for emotional, economic, and personal growth.
- * These initiatives continue to bridge gaps in mental health, employment, and belonging by supporting individuals in building strong, fulfilling, and independent lives here in Canada.





Our programs are focused on three key areas:

- Mental Health Support Breaking the stigma and creating safe spaces for healing, dialogue, and self-care.
- Employment and Life Skills Equipping individuals with knowledge, confidence, and tools to build successful futures.
- Social Inclusion and Belonging Nurturing connections, cultural pride, and a sense of community.

"These programs changed the way I see myself. I feel more confident, more connected, and finally part of a community." — MSSWR Program Participant



MSSWR Together with the Community



























Empowerment & Personal Development Programs

Al-Nour Project

- 16-session program supporting young women aged 13–25.
- Builds confidence, leadership, and communication skills.
- Creates a safe space for belonging, friendship, and cultural pride.
- Participants from Malaysia, Iraq, Syria, Pakistan, Canada, and Ethiopia.



The Men's Empowerment Program was a transformative experience... It helped me develop a better sense of self-awareness and improved my relationships with my family and coworkers.

Champions of the Future Youth Program

- 8-session program empowering youth aged 14-24.
- Focuses on mental health support, leadership, communication, and personal development.
- Enhances self-confidence, teamwork, and advocacy for positive change through physical activity.
- Participants gain valuable mentorship and build stronger connections.



The overall experience with the Al-Nour project is amazing, beautiful, and has helped me build selfconfidence by making new friends and learning about womanhood.

Men's Empowerment Program

- 20-session program supporting men aged 26–65.
- Focuses on mentorship, leadership, education, wellness practices and parenting.
- Builds self-esteem and emotional awareness in a safe space.
- Helps men strengthen communication and leadership skills.



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Education & Academic Support Programs

Employment Program

- 8-session program for newcomers, refugees, and racialized youth aged 15-30.
- Offers job readiness training, resume building, interview preparation, and skills coaching.
- Supports employment success by breaking down barriers and building confidence.



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I used to be afraid to ask questions in class but now I feel comfortable seeking help. My grades have improved, and I've developed a love for learning and confidence in myself.

English Conversation Circle

- 16-session program supporting adults aged 45-65 in improving their English skills.
- Uses guided conversations and interactive activities to build confidence and fluency.
- Helps participants overcome language barriers and strengthen communication for daily life.
- Fosters social connection and a sense of belonging in a supportive environment.



As a newcomer, the Employment Program provided me with the guidance I needed to navigate the Canadian job market. Thanks to this program, it taught me the skills I need to be confident in the job market."

Tutoring Program

- 28-session program offering personalized academic support for students in grades 3–12.
- Provides one-on-one and group tutoring with a culturally sensitive and student-centered approach.
- Supports immigrant and refugee students in a safe, encouraging environment.



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Community Building & Support Programs

Neighbours Helping Neighbours

- 39-session program supporting refugee and newcomer women aged 25–70.
- Tackles isolation and supports social integration and access to community resources, and fosters a sense of belonging.
- Helps participants connect with their communities and support others in need.



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This program makes me happy, I've met new people, learned about different cultures, and feel more prepared to help others in my community.

Caregiver Teen Conflict Coaching

- Helps caregivers navigate and resolve conflict with teens through practical coaching and skill-building.
- Builds stronger communication and understanding between caregivers and youth.
- Participants developed confidence and calm strategies to manage conflict at home.



I was able to make new friends, get out of my comfort zone, and feel more connected to my community and find opportunities and the area I live in.

Building Bridges Program

- 20-session program fostering intercultural connection for participants aged 40–70.
- Encourages dialogue, learning, and collaboration between diverse communities
- Builds harmony and understanding through shared experiences and partnerships.
- Participants explored new cultures and strengthened communication skills.



Health & Wellness Programs

Fresh Air, Fresh Mind Program

- 20-session program fostering intercultural connection for participants aged 40–70.
- Focuses on physical activities to promote physical wellness and improve mental health and wellbeing.
- Encourages dialogue, learning, and collaboration between diverse communities.



Every time I dig my hands into the soil, it feels like I'm reconnecting with the earth, and everything else just fades away. It's so calming. The friendships I've made here have been amazing.

Mindful Gardening Program

- 20-session outdoor initiative connecting 25-30 participants aged 25-70.
- Builds bridges between Muslim and Indigenous communities through shared gardening.
- Promotes mental wellness, cultural exchange, and sustainability.
- Fosters a sense of pride, belonging, and connection to nature.



Joining this program has made a huge impact on my life, before I always felt stuck in my own head and overwhelmed with stress. But with these walks, I feel like everything falls in place, the people understand me.

Focus on Healthy Living Program

- 8-session wellness series engaging 10–12 women aged 30–60.
- Promotes balanced living through education on nutrition, fitness, mental health, and financial well-being.
- Empowers participants with practical tools for self-care, healthier lifestyle choices, and confidence in personal and financial health.



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Family Development Programs

Healing Through Arts - Kids & Parents

- 8-session wellness series for women and children
- Engaged 10–12 women aged 30–60 and 10–14 children aged 4–14
- Empowered women with tools for selfcare, healthy lifestyle habits through arts and crafts
- Provided children with age-appropriate wellness and emotional development



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Before, I felt limited by my pain. This program showed me that it's not just about fitness—it's about feeling good, meeting new people, and realizing that staying healthy is possible at any age. I feel stronger, more confident, and more connected to my community.

Qur'an Classes

- 15-session online program for adults focused on improving Qur'an recitation, pronunciation (Tajweed), and deepening their connection to faith.
- Participants of all levels, from beginners to advanced, receive guidance and support to enhance their recitation skills.
- The program fosters spiritual growth, discipline, and a sense of community, offering an accessible way for individuals to improve their Qur'an reading from home.



The overall experience with this program is amazing, beautiful, and has helped me build self-confidence by making new friends and learning about womanhood.

Rise and Play Program

- 16-session program for seniors that promotes physical health through yoga, Zumba, and play-based learning.
- The program improves pain management, builds confidence, and accommodates participants at all activity levels.
- Strengthens social connections, reduces isolation, and encourages a healthier, more active lifestyle without needing a gym.



Youth Engagement Programs

Summer Camp

- 4-week program for children aged 4– 14, providing fun, educational, and leadership-building activities in a safe and engaging environment.
- The camp increases social interaction, helping participants build confidence, self-esteem, and the ability to work effectively as part of a team.



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My daughter came home every week excited to tell me what she learned through the INSPIRE Program. She now tries to understand how others feel. I noticed a big change in how she speaks to her siblings and friends — she's more patient and kind.

Girls in Sports Program

- 20-session program for girls aged 12–18, designed to empower participants through sports, teamwork, and confidence-building activities.
- The program promotes physical fitness, leadership development, and challenges stereotypes in a fun, supportive environment.
- Participants strengthened their leadership and teamwork skills, built self-esteem, and fostered stronger community connections through interfaith interactions.



The Summer Camp was an amazing experience! My child learned so much and made new friends. I could see the growth in their confidence, and they looked forward to going every day.

INSPIRE Program

- 6-session program for youth focusing on self-growth workshops, mentorship, goalsetting activities, and teaching empathy through conversation and play.
- Participants learned about empathy, how to understand and respect others' emotions, and ways to show kindness and navigate personality differences.





MSSWR Workshops

Our workshops create safe and supportive spaces for community members to prioritize their mental health, build stronger social connections, and develop practical skills for emotional wellbeing. By offering opportunities for open dialogue, learning, and collaboration, the workshops empower participants to access resources, foster belonging, and work collectively toward healing, resilience, and stronger community ties.

These workshops have helped me gain practical tools for managing my mental health, and I've found a supportive community where I feel truly heard. Connecting with others who understand has been empowering, and I leave each workshop feeling more confident and hopeful. – MSSWR Participant

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- Virtual workshop in collaboration with Bridges to Belonging, Camino Wellbeing + Mental Health, and Kind Minds Family Wellness
- Virtual Fireside Chat with Iona Sky

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- Self-care workshop with focus on the importance of mental health
- Anger management workshop with Ayah Alsadiq (Family and Parent Counsellor
- Help Mobility Workshop through Men's Empowerment Program
- National Day of Truth and Reconciliation workshop by Kairyn Potts
- Community Discussion with WRDSB
 hosted by YMCA School of Settlement
- Transformative Conflict Coaching Workshop in collaboration with Community Justice Initiatives

- Service Canada Workshop by Jaime Graham
- Arabic and Quran workshop by Dr. Morad Mohamed Algrari
- Canadian Red Cross Workshop by Eric Lucko
- Canadian Armed Forces Workshop by Eva Basher
- Counselling Workshop by Shiwan Ibrahim
- Helping Loved Ones through Mental Health and Addiction Challenges by Dr. Rabbia Siddiqui and Rosina Kharal
- Mental Health Seminar by Emily Gray and Gwenyth Le-Phuong
- Navigating Identity Workshop by Sara Samy and Yasmin Ali
- GRT Pride Public Travel Training Workshop by David Steffler



Building Resilience, One Workshop at a Time





Celebrating Our Community



The **Volunteer Appreciation Party** honoured over 50 volunteers, celebrating their invaluable contributions with an evening of gratitude, connection, and community spirit.

In celebration of International Women's Day and Ramadan, MSSWR hosted a vibrant **community Iftar** that brought together over 150 attendees for an evening of connection and empowerment.



"On behalf of Regional Council and the Region of Waterloo, I want to thank Muslim Social Services for supporting newcomers with compassion and care, for building bridges between communities for nearly two decades; countless lives have been changed because of your team. "





More than 70 people gathered for our **Eid Celebration**, enjoying an evening that blended tradition, hospitality, and a strong sense of community belonging.

To celebrate the successful completion of our summer camp, MSSWR hosted a vibrant graduation event, bringing together over 35 campers, their families, and community members for an afternoon of joy, recognition, and shared achievements.





First Annual Fundraiser Gala: Empower & Elevate

A heartfelt thank you to our generous sponsors, supporters, and community partners for their in-kind donations and sponsorships that helped make the Empower & Elevate Gala: Community Builders Awards a truly memorable evening. Your contributions played a vital role in celebrating local changemakers and advancing the work of Muslim Social Services in uplifting and strengthening our community.





Table Sponsors

Camino Wellbeing + Mental Health Coalition of Muslim Women Porchlight SHORE Centre The City of Waterloo Region of Waterloo FACS

Catalyst Sponsor Oma Fresh Foods

Empowerment Sponsors

Greenway-Chaplin Community Centre Reality Executives by Kaleem Rehman Mennonite Central Committee BrokerLink Starling Community Services Islamic Relief Canada Kindred Credit Union Immigration Partnership



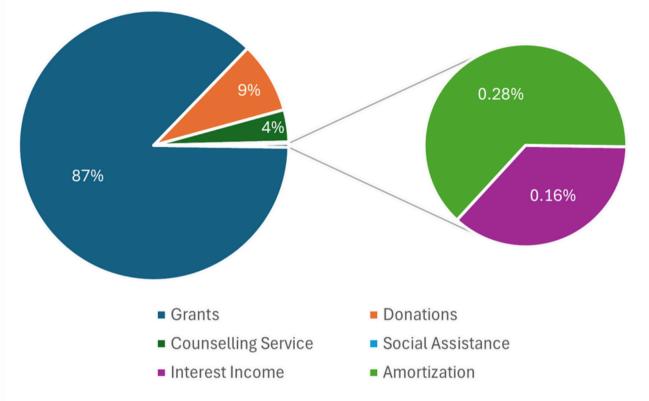


2024 Financial Overview

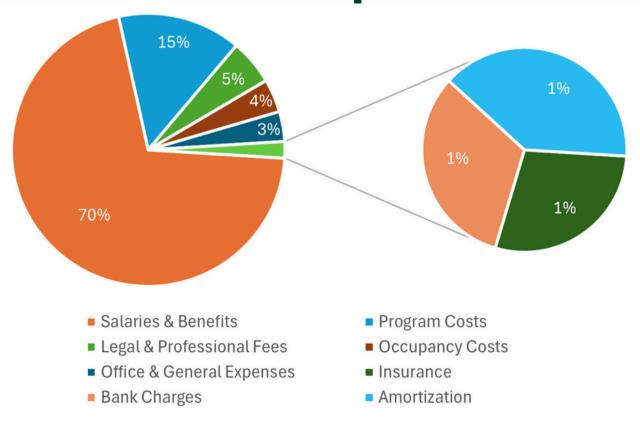
	2024	2023
Net Assets	\$1,096,284	\$801,773
Revenues	\$815,488	\$422,763
Grants	\$709,595	\$324,982
Donations	\$69,430	\$46,378
Counselling Service	\$31,382	\$28,680
Social Assistance	\$1,500	\$22,155
Interest Income	\$1,311	\$568
Expenses	\$379,742	\$259,129
Salaries & Benefits	\$267,856	\$181,288
Program Costs	\$55,591	\$42,426
Legal & Professional Fees	\$20,401	\$19,631
Occupancy Costs	\$15,008	\$9,742
Office & General Expenses	\$13,428	\$2,072
Insurance	\$2,134	\$2,044
Bank Charges	\$2,402	\$996
Amortization	\$2,922	\$930



Breakdown of Revenues 2024



Breakdown of Expenses 2024



Our Partners

A Warm Welcome to Our <u>New Partnerships</u>

- Research Institute for Aging
- Focus for Ethnic Women
- Ruh Care
- Project READ Literacy Network
- Counselling Collaborative of Waterloo Region
- Clear Mind Therapy

- Shalom
- Kitchener Masjid
- Kind Minds Family Wellness
- SHORE Centre
- Workforce Planning Board WIN
- Al-Salam Islamic Centre

Our vital services would not be possible without the support and collaboration of our dedicated <u>Partners</u>

- Adventure4Change
- African Alliance
- African Family Revival
 Organization
- Arab Women's Society of Guelph
- Bridges to Belonging
- Camino Wellbeing + Mental Health
- Canadian Aweil Youth
 Association
- Canadian Blood Services
- Canadian Council of Muslim
 Women
- Canadian Rohingya
 Development Initiative
- Capacity Canada
- Centre for Community Based Research
- Chandler Mowat Community
 Centre
- Clear Mind Therapy
- Coalition of Muslim Women KW
- Community Justice Initiatives
- Conestoga College
- Counselling Collaborative of Waterloo Region
- Crow Shield Lodge
- Delton Glebe Counselling
- Eritrean Islamic Community KWR
- Family & Children's Services of the Waterloo Region
- Focus for Ethnic Women
- Forest Height Community Centre

- Forest Hill United Church
- Grand River Hospital
- House of Friendship
- Immigration Partnership Waterloo Region
- Interfaith Grand River
- Islamic Centre of Cambridge
- Islamic Humanitarian Services
- Islamic Relief Canada
- Khalil Center
- Kind Minds Family Wellness
- Kinbridge Community Association
- Kitchener Public Library
- Kitchener Waterloo Art Gallery
- K-W Multicultural Centre
- MAC Kitchener Masjid
- MAC Maple Grove School
- Mennonite Central Committee
 Ontario
- Muslim Legal Support Centre
- Muslim Resource Centre for Social
 Support and Integration
- Muslim Students Association (WLU)
- Muslim Women of Cambridge
- National Council of Canadian Muslims
- Ontario Provincial Police (OPP)
- Physical Activity Centre at WLU
- Porchlight Counselling and Addiction Services
- Project READ Literacy Network
- Ray of Hope
- Ruh Care
- Sexual Assault and Domestic Violence Treatment Centre
- Sexual Assault Support Centre
- Shamrose for Syrian Culture

- Sir John A MacDonald Public School
- Somali Canadian Association of Waterloo Region

2024 Annual Report

- Starling Community Services
- Tayba Elementary School
- Tayyibah Islamic Academy
- The Food Bank of Waterloo Region
- THEMUSEUM
- The Pregnancy Centre
- The Working Centre
- Victoria Hills Community Centre
- Victim Services of Waterloo Region
- Volunteer Action Centre
- Waterloo Catholic District School Board
- Waterloo Masjid
- Waterloo Public Library
- Waterloo Region Community Legal Services
- Waterloo Region District School Board
- Waterloo Region Police Service
- Waterloo Region Suicide
 Prevention Council
- Wellbeing Waterloo Region
- White Owl Native Ancestry Association
- Wilfrid Laurier University
- Wisahkotewinowak
- Women's Crisis Services of Waterloo Region
- Women That Give
- YMCA of Three Rivers
- YWCA Kitchener Waterloo

Our Funders

With Gratitude to Our Funders

Muslim Social Services Waterloo Region extends our heartfelt thanks to our funders for their generous and ongoing support. Your contributions make it possible for us to provide vital services, create inclusive spaces, and respond to the growing needs of our community.

Your investment in our mission helps empower individuals, strengthen families, and build a more compassionate and resilient Waterloo Region.

Thank you for believing in our work and walking alongside us in service.

- Government of Ontario
- FACS
- Lyle S. Hallman Foundation
- United Way Waterloo Region Communities
- Waterloo Region Community Foundation
- Canadian Women's Foundation
- Region of Waterloo
- The City of Waterloo
- Astley Family Foundation
- Government of Canada
- Kitchener Conestoga Rotary Club
- Rotary Waterloo
- Oma Fresh Foods
- Islamic Relief Canada
- Camino Wellbeing + Mental Health
- Canadian Tire Jumpstart
- Waterloo Regional Heritage Foundation
- Ontario Trillium Foundation
- Waterloo Regional District School Board
- Co-operators
- Community Services Recovery



THANK YOU FOR SUPPORTING OUR JOURNEY

18 years of community, compassion, and care

As we look ahead, we remain committed to building a more inclusive and resilient Waterloo Region — together. Thank you for being part of this journey.

